

Sport and Recreational Activity Glossary

The following sport causes are available for the years 2011 onwards. This classification structure is based on the Sports and Recreation Classification, Sports and Recreational Activities, Canadian Hospitals Injury Reporting and Prevention Program, Public Health Agency of Canada, Jan 23, 2023.

Team Ball Sports:

- Dodgeball, includes: Scatter Ball, Ball tag, Bait Ball
- Ultimate Frisbee, excludes: Playing Frisbee
- Soccer, includes: Soccer-Baseball, includes California Kickball, Kickball, Indian Ball, Dutch Ball; Outdoor Soccer, includes: in dome; Indoor Soccer, Includes: in arena with boards, in school gym, futsal
- Basketball, includes: netball, korfball
- European Handball
- Football, includes Tackle Football, includes: Canadian/American, excludes: touch/flag football; Touch/Flag Football
- Rugby, Includes: scrub
- Volleyball, Includes: beach volleyball, wallyball, rebound volleyball
- Other Team Ball Sports: Kin-Ball, includes: giant ball, Omnikin and other sports not specified

Team Bat or Stick Sports:

- Baseball, includes: Hardball, Softball, T-Ball, Fastball, Batting cage practice
- Field Hockey
- Ice Hockey
- Lacrosse
- Ringette
- Floor Hockey, includes: Roller (Inline) Hockey; Street Hockey, Includes: outdoor ball hockey, cosom hockey, indoor ball hockey; Ball Hockey, Excludes: indoor ball hockey; Floor Hockey,
- Hockey, Not Further Specified, Not Elsewhere Classified, includes: boot hockey
- Other Team Bat or Stick Sport, includes: cricket, unspecified team bat or stick sport; Broomball

Water Sports

- Team Water Sports, includes: Water Polo, Synchronized Swimming, Underwater Hockey, Other Team Water Games, includes: water basketball; unspecified water ball games (team)
- Towed Water Sports, includes: Water Skiing, Includes: on one ski or on two skis; Water Tubing, includes: biscuiting; Wakeboarding, Includes: discing, skurfing, towed hydrofoiling, wake skating, Other Towed Water Sport, includes: flyboarding, unspecified towed water sports
- Individual Water Sports (non-towed), includes, Diving, Includes: cliff diving; Fishing, includes: boat-related incidents while fishing; fishing from a pier, boat or shore; ice-fishing (including snowmobile-related incidents); Scuba Diving, includes: deep sea diving, boat-related incidents while scuba diving, snorkelling; Surfing, includes: skimboard, kite-surfing, wave-board, body boarding, windsurfing, knee boarding, boogie boarding, surf life saving, paddle boarding, flowriding, flowboarding, excludes: wake skating, wakeboarding; Competitive Swimming, Includes: swimming event of triathlon, excludes: synchronized swimming
- Recreational Swimming, includes: injuries occurring in and around (e.g. "fell on pool deck while getting in") the water, splashpad, aquarobics, water aerobics; bodies of water include pools (all types), pond, lake, river, ocean, excludes: hot tubs, jacuzzi's and spas

- Other Towed Water Sport, NFS, NEC, includes Rowing/Sculling, excludes: exercise rowing machines, Personal Powered Watercraft (PPW), includes: Jet-Ski, Sea-Doo, excludes: being towed on water tubes/other devices; para-sailing

Boating

- Non-Motorized Boat, includes: row boat, canoe, kayak, pedal boat, sail boat/yacht, white water rafting and canoeing, cadameran, excludes: fishing-related incidents, scuba diving. rowing/sculling, surfing
- Motorized Boat, includes: propeller strikes and swimmer struck by boat; power boat racing, excludes: ships, para-sailing; being towed on water tubes/other devices; water-skiing; wakeboarding; Jet-Ski/personal powered watercraft (PPW); fishing-related incidents
- Other Boating, includes: unspecified boating activity/sport

Towed on Ice or Snow Sports

- Towed by All-Terrain Vehicle (on a sled or other proxy), Sled proxies include: windshield, piece of cardboard, garbage can lid, skis, snowboard
- Towed by Snowmobile (on a sled or other proxy), Sled proxies include: windshield, piece of cardboard, garbage can lid, skis, snowboard
- Dog Sledding, includes: dog mushing, Klondike Dog Derby
- Other Towed on Ice or Snow Sport

Ice or Snow Sports (Non-Towed)

- Ice Skating, includes: figure skating/ice dancing, recreational skating, excludes: ice hockey, ringette, speed skating
- Skating, not further specified
- Sledding/Tobogganing, includes: all types of sleds/toboggans, snow tubes/disks, roll-up carpet, luge, bobsled, skeleton, proxy (e.g. windshield, piece of cardboard, garbage can lid), excludes: being towed behind an ATV, or Snowmobile, or dog(s)
- Snowboarding, includes: sandboarding, excludes: towed by snowmobile or ATV
- Skiing, includes: Cross-country Skiing, includes: the cross-country skiing component of the Biathlon; Nordic skiing, Alpine Skiing, includes: chair lift-related incidents, excludes towed by snowmobile or ATV
- Other Ice or Snow Sport (non-towed), includes Snowblading, includes: snow scootering, ski blade, snow skate, snowbiking, Snowmobiling, includes: Ski-Doo, Snow Machine, Snow Kiting, Cat-Skiing, Heli-Skiing. Excludes: towed by snowmobile or ATV, ice-fishing

Individual Athletic Activities

- Track and Field (Indoor and Outdoor, includes: hurdles, steeplechase, sprint races, relay races, middle and long distance running races, Marathon, mountain/sky running, running laps, high jump, long jump, triple jump, pole vault, discus, shot put, javelin, hammer throw, running event of the Modern Pentathlon, events in the Decathlon and Heptathlon, running event of Triathlon, cross-country running; Jogging/Running (for exercise), includes: fast walking or power walking
- Other Individual Athletic Activity, NFS, NEC, Calisthenics or Bodyweight or Small Accessory Exercises, includes: push-ups, bodyweight squats, other bodyweight exercises, crunches, sit-ups, stretching, elastics, cables, TRX, abdominal devices, balance ball and other balance exercises; Aerobic Exercise Machines, includes: stationary bike, treadmill, rowing machine, elliptical trainer, climber, stair climber, slider (skating simulation), ski machine; CrossFit, Obstacle Course Racing, includes: Spartan Race,

MudGirl, Tough Mudder, Foam Fest, Rugged Maniac, Mud Hero, Polar Rush, Dead End Race, adults' obstacle course, teenagers' obstacle course; yoga

Acrobatic Activities

- Gymnastics, includes: high wire acts, aerial silk pole dancing, aerial silks, aerial hoops, aerial dance, pole dancing
- Cheerleading, includes: all levels (all-star, college, high school, elementary)
- Trampoline, includes: large backyard type, mini-trampoline, gymnastics club trampolines and tumble tracks, inflatable water trampoline, indoor trampoline parks
- Other Acrobatic Sports, includes Parkour, includes: freerunning

Aesthetic Activities

- Marching Band, Parades, Drama Class, Baton Twirl (Physical Aspects); Dancing, includes: dance classes, recreational dancing, competitive dancing, club or bar dancing, limbo

Racquet Sports

- Badminton
- Tennis, includes: practice against wall
- Other Racquet Sports, includes Ping Pong or Table Tennis; Squash/Racquetball/Paddleball; Pickleball, excludes: para pickleball

Target/Precision Sports

- Includes Paintball, includes: war games, speedball, laser quest, laser tag; Hunting, includes: with knives, firearms, cross-bow and other weapons, Target Shooting with Non-Powder Guns, includes: air or gas-operated guns, spring-operated guns, pellet guns, BB guns; Target Shooting With Firearms, Guns, Rifles (using Gunpowder), Skeet, Archery; Bowling, includes: lawn bowling, bocce, boules, petanque, ninepin, skittles; Croquet; Golf, includes: mini-putt, mini golf, excludes: gas/electric cart-related incidents; Billiards, Pool, Snooker, Shuffleboard (table and floor); Darts, includes: lawn darts; Horseshoes, Other Target/Precision Sports, includes: knife throwing, axe throwing.
Excludes: while on ATV or snowmobile, paintball/laser tag, guns, firearms, rifles or hunting, hunting with firearms/guns;

Combat Sports

- Martial Arts, includes: karate, jiu jitsu (Japanese and Brazilian), BJJ, judo, tae kwon do, kempo, aikido, pancrase (or pankration), mixed martial arts (NHB,MMA,UFC), muay thai, tai chi, shoot fighting, kickboxing, kung fu, self-defense training/classes, weapons training - e.g. bo, staff, escrima, billy club, shoku, swords, jutte, excludes: cardio kickboxing, tae bo; play martial arts
- Wrestling, includes: Greco-Roman, freestyle, excludes: play wrestling
- Other Combat Sports, includes, Boxing, includes: bouts/sparring as well as bag and skill training, excludes: aerobic conditioning, "boxercise" and Thai Boxing; includes, Fencing, Includes: fencing event of the Modern Pentathlon

Power Sports

- Includes Powerlifting/Olympic Weight Lifting, includes: snatch, clean and jerk, deadlift, squat, bench press, excludes: deadlift, squat and bench press when used for strength training; if part of CrossFit; includes Weight/Strength Training, includes: free weights, kettlebells, club bells, exercise mace, machines, circuit training, sit-up/crunch benches, chin-ups/pull-ups with bodyweight or attached

weights, dips with bodyweight or attached weights, excludes: powerlifting, Olympic weight lifting (snatch, clean and jerk); small exercise accessories (e.g. abdominal devices, elastics, TRX, cables)

Equestrian Activities/Rodeo

- Rodeo, includes: bull riding, steer riding, mechanical bull riding; Equestrian/Horseback Riding, includes: dressage, endurance riding, eventing, mustering or stick work, polo, pony club, racing, show jumping, trail or general horseback riding, trotting/harness, excludes: rodeo, bull riding, mechanical bull riding; includes: grooming, kicked or bitten by horse (while grooming or warming up)

Adventure Sports

- Hiking, includes: cliff jumping, orienteering, regaining, outdoor survival game, portaging, geocaching, excludes: Camping
- Other Adventure Sports: includes Climbing, includes: mountain climbing, mountaineering, rock/ice climbing, wall climbing, abseiling and rappelling, pole climbing

Wheeled Motor Sports

- Motorized Scootering, includes: hoverboards, e-scooters
- Dirt Biking, includes: mini bikes, motorcycle racing, motocross, dirt bike water crossing, dirt bike water skipping
- All-Terrain Vehicle (ATV), includes: 3-wheel and 4-wheel types, towing a device on ground (e.g. wagon, trailer), excludes: towing on snow/ice sled or proxy (e.g. windshield, piece of cardboard, garbage can lid)
- E-Bikes, includes: e-bicycles, electric bicycles, excludes: unpowered bicycles, bicycles
- Other Wheeled Motor Sport: includes, Demolition Derby, Crash Cars, Car Racing (Track), Golf-Carting; Go-Karting, includes: mini trucks

Wheeled Non-Motor Sports

- Skateboarding, includes, longboarding, mountainboarding, dirtboarding, games played while on skateboard, towed by ATV; includes Scooter Board, Street Luge
- Inline Skating/Roller Skating, includes: roller ski, other games played on inline skates, towed by ATV, excludes: roller hockey; includes Foot Scootering, Roller Derby, excludes: scooter boards, motorized scooters
- Bicycling, includes: mountain bikes, BMX, 10-12 speed, touring, tricycles, unicycles, bicycling event of Triathlon, stunts in skate parks with BMX bicycles, bikes, excludes: e-bikes
- Other wheeled non-motor sports, includes Heelys

Aero Sports

- Recreational Aircraft, includes: gliders, hang-gliders, para-sailing, para-gliding, Skydiving/parachuting, includes, para-skiing, BASE Jumping, excludes: commercial aircraft, helicopters, hot air balloons

Camp/Physical Education (non-specific activity)

- Non-Specific Activities in Summer Camps/Winter Camps/Cadets/Scouts, Physical Education Class, Non-Specific Activity, includes: school 'activity day', 'sports day', 'school Olympics', excludes: specified activities performed in physical education class

Amusement Rides/Attractions

- Water Slides, includes: large water park slides, backyard pool slides; on tube down rock slide, Slip 'N' Slide

- Amusement Rides/Games, includes Mechanical Amusement Park Rides, includes: large rides such as roller coasters, rotational rides, merry-go-rounds, bumper cars, etc., Inflatable Amusement Structures, includes: bouncy castle, air slides, etc., battle of the titans, vertical and horizontal bungee jumping, etc. Excludes: indoor inflatable toys (e.g. “mini-bounce house”)

Child/Youth Active Games

- Includes Playing Frisbee, Hacky Sack, Playing Ball, Pogo Stick and similar devices, coneball, German ball, ‘base’ketball, big ball, fireball, gigaball, pumpball, bordenball, Chinese ball, flyer ball, hiper ball, swatball, pili polo ball, nerf ball, tatter/teeter ball, kings court, battleball, gooseball, foozeball, foosball, wolf ball, smash, jackpot, touchball, monkey-in-the-middle, pig-in-the-middle, chance, nukem ball, soccer-basketball, powerball, line ball, border ball, pop flies, pata choe, hand soccer, stick ball, keep away, matball, flickerball, pear ball, speedball, tchoukball, Wall Ball, handball, Catch, Snowball throwing, fights, Capture the Flag, Square, includes: champ, four-square, two-square, square-ball; Tag (traditional), includes: manhunt, Hide and Seek, British Bulldog, Red Rover, Foot Hockey, Mini-Stick Hockey, Tetherball, Other Children’s Active Games, includes: tug of war, hand hockey, bulldog ball, children’s obstacle course, relay race, nine lives, octopus, cart wheel race, water fight (balloon), play wrestle, play martial arts, leap frog, piggy back, running race, 500 and up, bumper cars, bean bag/sand bag throw, hot potato, grounders, soccie, hand games, leather blanket kid toss, tackle potluck, kick the can, elastics, Medevil daggers, wheelbarrow race, bean bag tag, cops and robbers, flag tag, sack race, burning bridges, sprinklers, other children’s games/freeplay, play fighting (at least one child is involved)
Excludes: playing ball in physical education class, soccer-baseball, team handball, European handball, ball tag

Playground Equipment

- Includes Treehouses and Playhouses, Tree Climbing, Playground Equipment, includes: ball/foam pit, indoor, outdoor, home and commercial equipment, swings, monkey bars, climbers, play structures, slides, sand boxes, flying fox
Excludes: Water slides, Inflatable amusement rides

Other Sports and Recreation

- Includes, Sports/Activities for Disabled Persons, includes: murderball, quad-rugby, goal ball, sledge hockey, para pickleball, medicine ball, aki, eraser football, arm wrestling, gold rush, Arctic winter games, Stixx (outdoor agility game), tire throw, aqua golf, multiple sports, unspecified activity (e.g. “hurt playing sports”), other sports and recreation
Excludes: cricket, snowshoeing, mini-putt, horseshoes

References

International Classification of External Causes of Injuries (ICECI), Version 1.2 (July 2004), ICECI Coordination and Maintenance Group, Consumer Safety Institute, Amsterdam, The Netherlands

Tator, C.H. (Ed.). Catastrophic Injuries in Sports and Recreation, Causes and Prevention. A Canadian Study. University of Toronto Press, 2008.